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*Thank you for enquiring about Depression Alliance Scotland. Supporting people affected by depression is a huge task and we need all the help we can get. That's why we ask your permission to write and let you know from time to time of all the different ways you can help, including coming to events we organise, supporting our campaigns, and many others. However, if you would rather we didn't, you can either tick this box or let us know at any time in the future.*

**Depression Alliance Scotland, 11 Alva St, Edinburgh, EH2 4PH**

**If you have any queries regarding your order you can contact us on our admin line 0131 226 1803  
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<b>1</b>	<b>A3 Posters</b>	<b>Number Required</b>	<b>Cost:</b> 2 - 50 copies 35p each; Over 50 copies 20p each
1.1	<b>Mother Father Son Daughter Brother Sister Lover Friend You?</b> Depression can affect anyone at any time		
1.2	<b>Look OK Feel Crap? Male Image</b> Young adults campaign		
1.3	<b>Look OK Feel Crap? Female Image</b> Young adults campaign		
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2.1	<b>Mother Father Son Daughter Brother Sister Lover You?</b> A flyer offering basic information about Depression and DAS		
2.2	<b>Look OK Feel Crap? Male Image</b>		
2.3	<b>Look OK Feel Crap? Female Image</b>		
<b>3</b>	<b>Postcards and Wallet Cards</b>		<b>Cost</b> 2-50 copies 30p each Over 50 copies 20p each
3.1	<b>Look OK Feel Crap? Postcard</b> Young adults campaign with male and female images		
3.2	<b>Look OK Feel Crap? Wallet Card Female Image</b>		
3.3	<b>Look OK Feel Crap? Wallet Card Male Image</b>		
3.4	<b>Living Life to the Full</b> Postcard promoting <a href="http://www.livinglifetothefull.com">www.livinglifetothefull.com</a> , a free life skills course based on cognitive behavioural principles and a support forum		
<b>4</b>	<b>Glossy colour factsheets</b>		<b>Cost</b> 2 -50 copies 35p each Over 50 copies 20p each
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4.2	<b>About Depression</b>		
4.3	<b>Sleep</b>		
4.4	<b>Food and Mood</b>		
4.5	<b>Caring for Carers – When a friend or relative has Depression</b>		
4.6	<b>Lesbian, Gay, Bisexual, Transgender – Me and My Mood</b>		
4.7	<b>Depression at Christmas – A Survival Guide</b>		
4.8	<b>Depression in Older People</b>		
<b>5</b>	<b>Simple Factsheets</b> Please note these are photocopies – you are welcome to order one copy free and photocopy them yourself		<b>Cost</b> 10 copies 15p each; 50 + 10p each
5.1	<b>Depression in Children and Young People</b>		
5.2	<b>Depression and your Sex Life</b>		
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